



SUN	MON	TUES	WED	THURS	FRI	SAT
9AM HAPPY HIPS <small>Fitness Center</small> 10:30AM BUNGEE FITNESS \$ <small>Spa</small>	8AM HIIT W/ PROPS <small>Fitness Center</small> 9AM RISE & SHINE YOGA <small>Fountain Terrace</small> 10AM GLUTE STRENGTH <small>Fitness Center</small> 11AM AERIAL YOGA \$ <small>Spa</small>	9AM ABS & GLUTES <small>Fitness Center</small> 10AM HAPPY HIPS <small>Fitness Center</small> 12PM AERIAL YOGA \$ <small>Spa</small>	9AM CARDIO & STRENGTH \$ <small>Fitness Center</small> 10AM AERIAL YOGA \$ <small>Spa</small> 11:30AM OUTDOOR FITNESS FUSION <small>Fountain Terrace</small>	11AM YIN YOGA <small>Spa</small> 12:30PM AERIAL YOGA \$ <small>Spa</small> 4PM THE ART OF TASTE \$ <small>The Cove</small>	8AM HAPPY HIPS <small>Fitness Center</small> 9:30AM BUNGEE FITNESS \$ <small>Spa</small> 10AM RISE & SHINE YOGA <small>Fountain Terrace</small> 11AM AERIAL YOGA \$ <small>Spa</small> 3PM FLOATING MEDITATION \$ <small>Spa</small>	11AM VINYASA FLOW <small>Fountain Terrace</small> 12:30PM BODY & BARRE \$ <small>Fitness Center</small>
9AM HAPPY HIPS <small>Fitness Center</small> 10:30AM BUNGEE FITNESS \$ <small>Spa</small> 2PM COCKTAILS IN THE KITCHEN (SUMMER SPRITZES) \$ <small>The Cove</small>	8AM HIIT W/ PROPS <small>Fitness Center</small> 9AM RISE & SHINE YOGA <small>Fountain Terrace</small> 10AM GLUTE STRENGTH <small>Fitness Center</small> 11AM AERIAL YOGA \$ <small>Spa</small>	9AM ABS & GLUTES <small>Fitness Center</small> 10AM HAPPY HIPS <small>Fitness Center</small> 12PM AERIAL YOGA \$ <small>Spa</small>	9AM CARDIO & STRENGTH \$ <small>Fitness Center</small> 10AM AERIAL YOGA \$ <small>Spa</small> 11:30AM OUTDOOR FITNESS FUSION <small>Fountain Terrace</small>	10AM YIN YOGA <small>Spa</small> 11:30AM AERIAL YOGA \$ <small>Spa</small> 12:30PM PILATES FUSION \$ <small>Fitness Center</small> 4PM THE ART OF TASTE \$ <small>The Cove</small>	8AM GLUTE STRENGTH <small>Fitness Center</small> 9AM OUTDOOR FITNESS FUSION <small>Fountain Terrace</small> 10AM RISE & SHINE YOGA <small>Fountain Terrace</small> 11AM AERIAL YOGA \$ <small>Spa</small> 3PM FLOATING MEDITATION \$ <small>Spa</small>	10AM HEALTHY KIDS COOKING \$ <small>The Cove</small> 11AM VINYASA FLOW <small>Fountain Terrace</small> 12:30PM AERIAL YOGA <small>Fitness Center</small> 1PM ANTI-INFLAMMATORY SUMMER \$ <small>The Cove</small>
9AM HAPPY HIPS <small>Fitness Center</small> 10:30AM BUNGEE FITNESS \$ <small>Spa</small> 2PM COCKTAILS IN THE KITCHEN (WHISKEY SMASH) \$ <small>The Cove</small>	8AM HIIT W/ PROPS <small>Fitness Center</small> 9AM RISE & SHINE YOGA <small>Fountain Terrace</small> 10AM GLUTE STRENGTH <small>Fitness Center</small> 11AM AERIAL YOGA \$ <small>Spa</small>	9AM ABS & GLUTES <small>Fitness Center</small> 10AM HAPPY HIPS <small>Fitness Center</small> 12PM AERIAL YOGA \$ <small>Spa</small>	9AM CARDIO & STRENGTH \$ <small>Fitness Center</small> 10AM AERIAL YOGA \$ <small>Spa</small> 11:30AM OUTDOOR FITNESS FUSION <small>Fountain Terrace</small>	10AM YIN YOGA <small>Spa</small> 11:30AM AERIAL YOGA \$ <small>Spa</small> 12:30PM PILATES FUSION \$ <small>Fitness Center</small> 4PM THE ART OF TASTE \$ <small>The Cove</small>	8AM GLUTE STRENGTH <small>Fitness Center</small> 9AM OUTDOOR FITNESS FUSION <small>Fountain Terrace</small> 10AM RISE & SHINE YOGA <small>Fountain Terrace</small> 11AM AERIAL YOGA \$ <small>Spa</small> 3PM FLOATING MEDITATION \$ <small>Spa</small>	11AM VINYASA FLOW <small>Fountain Terrace</small> 12:30PM BODY & BARRE \$ <small>Fitness Center</small>
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